

# Zurich Care Management

Healthy employees  
for a strong company



# Healthy employees for a strong company

What distinguishes you from your competitors? A better-known brand, a better location, more modern workplaces? No – ultimately, people are what make the difference. Because only healthy and motivated employees are efficient and productive.

This is why the health of your employees is the fundamental factor behind your company's success. Our Care Management helps you to ensure that your employees **stay healthy** and that they get healthy **as quickly as possible after an illness or an accident** – because what is better than healthy employees?

We are here for you, whatever insurance policy you have with us: occupational pension plan, loss of earnings due to illness or accident.

## Zurich Care Management is worth it

Of course, misfortune happens. However, half of all absences have operational causes and, as a result, could be prevented. Make your company fit and save money.

**Because absences can cost you much more than just insurance premiums:** in addition to human sufferings caused to your employees, quality loss, delays that jeopardize your customers' satisfaction this also puts a strain on all employees, who have been fit and efficient up to now – they now have to support additional pressure.



# Zurich Care Management helps you to stay healthy

Corporate health management has many aspects: from an appreciative leadership and corporate culture, the training of employees to deal with stress, the implementation of a systematic absence management system, to health-promoting work structuring and planning.

**Take advantage of the opportunities offered by our Corporate Health Management Team – we support you and your employees holistically in line with your needs.**

- Are you interested in implementing a **corporate health management (CHM) program**, analyzing an existing system, or expanding one? We support and accompany you step by step – from an assessment and planning to the implementation of measures such as workshops and training courses.
- Are you already implementing measures to promote health in your company, or are you considering taking the first steps? Benefit from our experience and expertise when carrying out a **CHM assessment** and find out in which areas you can get started.

- Do you want to strengthen the mental and physical health of your employees? We inform you about the possibilities for corporate **health promotion and prevention**, and increase the awareness of your managers and employees to topics such as appreciation, resilience, early recognition, dealing with absences or healthy leadership.
- Are specific groups of your employees particularly affected by absences? Are there recurring causes? Systematic **absence management** can help you to counteract this. We support you with training, workshops and specific tips.
- We at Zurich Corporate Health Consulting support you in all matters relating to corporate health management.



# Zurich Care Management helps you to restore health

Your employees aren't just case numbers for us, but rather individuals deserving of respect and appreciation.

**We're committed to ensuring that your employees get their health back as soon as possible**

- We provide you with the Sunetplus software free of charge to record and statistically evaluate absences of your employees due to accidents and illnesses.

- We are there to assist you with our know-how: We'll provide you with advice by phone or in person and put you in touch with partners and experts.
- In case of longer absences due to serious illnesses or accidents, our case managers will personally help your employees get back to work. If necessary, we'll also help with professional reorientation.
- We open our network of specialists to you so that your employees have access to the best possible medical treatment. In addition, we'll arrange for independent medical examiners and lend a hand if a patient would like to get a second opinion.



# Zurich Care Management helps personally

## Testimony – Zurich Opera House

When there are standing ovations at the ballet premiere on a Saturday evening, many people have contributed to this success – dancers, orchestra musicians and many specialists behind the scenes. About 700 people from around the world are employed at the Opera House, often in highly specialized activities.

Opera evenings and chamber music matinees are only a success if these individuals work together perfectly. In order to achieve this, the work environment demands maximum performance, day in, day out – a major challenge. That's why a healthy working atmosphere is so

important – and the professional handling of absences.

Silvia Sprecher, HR, commented on the collaboration with Zurich: «I appreciate the fact that Zurich collaborated with the Music Academy in setting up an ergonomics workshop to help the high strings avoid bad posture.

Silvia Sprecher: «My contacts at Zurich think for themselves – and I can rely on them. Thanks to the close cooperation, it was consistently possible to find solutions tailor-made for our complex operation.»

## Testimony – John Baker

Scan the QR code and watch the video to find out how the Zurich bakery John Baker is implementing corporate health management in collaboration with Zurich Corporate Health Consulting.



## Would you like to know more or would you like a personal consultation?

Visit us on our website [zurich.ch](https://zurich.ch) or send us a message to [corporate.health.consulting@zurich.ch](mailto:corporate.health.consulting@zurich.ch). We look forward to hearing from you.



